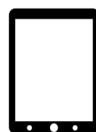
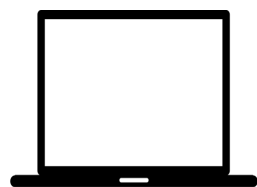
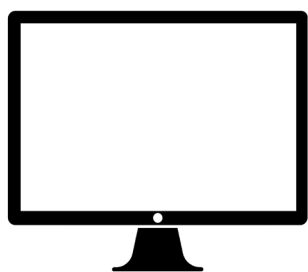


CLASS SCHEDULE

SPRING 2021

Dance | Digital Arts | Drama | Music | Visual Arts | Creative Writing



SITAR
ARTS CENTER

Arts Afterschool

Grades K - 12 and Adult

MONDAY

4:30 - 5:30 PM **WIT** **1st - 3rd & Up** **Jack Novak**
(Washington Improv Theater)

Students learn beginning theatrical performance skills and the art of improvisation through fun theater games from professional instructors from Washington Improv Theater (WIT).

4:30 - 6:00 PM **Creative Baking Class** **7th - 12th** **Angeli Escalante-Bieler**

This Creative Baking Class will focus on baking & decorating sweets and cooking savory dishes! We'll discover how certain ingredients used can make it "better and healthier" while still tasting delicious. Students will learn self-sufficiency in the kitchen while having fun cooking up tasteful treats like s'mores cupcakes, decorating with fondant, and homemade pizza!

4:30 - 5:30 PM **Photography: Digital** **4th - Adult** **Gregg Adams**

Students learn visual composition for digital photography utilizing cell phone camera technology.

4:30 - 5:30 PM **Youth Chorus** **4th - 8th Grade** **Leo Herrera de la
Comunidad Claudia
Rosales-Waters**

*Mondays and Thursdays @ 4:30 - 5:30 pm. Students must attend both days.

Alliance for New Music-Theatre will offer twice-weekly classes starting in January for students Grades 5-8 in the development of a performing arts chorus. Professional staff will provide leadership in music literacy and choral singing skills one day a week and on the other give students opportunities to engage in their own creative expressions through improvisation and writing prompts. Students will build self-confidence and pride singing inspiring works in Spanish and English. In addition to student recitals, the program will culminate in 2022 with the rare opportunity for students to perform in two professional bi-lingual operas by award-winning Mexican composers, one produced by the Alliance and the other by collaborating colleagues at IN Series.

4:30 - 5:30 PM **Fun Feelings** **3rd -5th Grade** **Anais Lugo Art Group**
(Project Create)

Let's make art and learn! Here we learn new art techniques without having to worry about if it's perfect or pretty, but about what it means. This course will offer opportunities to get to know your feelings, know your talents and find solutions creatively while engaging in fun art activities. A variety of materials (clay, paint, drawing) will be used to provide engaging ways to process thoughts and feelings. Through art making, children may discover their own strengths and develop socio-emotional skills.

Arts Afterschool

Grades K - 12 and Adult

TUESDAY

3:00 - 4:00 PM **3D Art** **3rd - 6th Grade** **Katie Macyshyn**

Students create art with 3D materials

4:15 - 5:00 PM **TWB: Pre-Ballet** **K-1st Grade** **Jen Buchanan**

Students learn pre-ballet techniques from professional instructors. The curriculum follows the same standards for studio classes as The Washington Ballet.

4:30 - 5:30 PM **YPT (Playwriting)** **3rd - 8th Grade** **Claudia Rosales-Waters**

Students learn the art of theatrical storytelling for the stage through creative playwriting exercises and with professional partner Young Playwrights' Theater.

4:30 - 5:30 PM **Sound Energy
Music Production** **4th - 12th Grade** **Lemond Brown**

Students learn S.T.E.A.M. skills by exploring sound energy and learning music production.

4:30 - 6:00 PM **Art 4 Strength
(Project Create)** **9th - 12th Grade** **Anais Lugo**

Students will explore art activities in an unusual and deeper manner without worrying about the esthetics of the piece but about what it means to them. This will be an opportunity for artists to get to know themselves better, express feelings through art, develop critical thinking and problem solve creatively. It will be focused on finding strength and calm during these difficult times to build resiliency and self-efficacy.

5:00 - 6:00 PM **TWB: Ballet** **3rd - 5th Grade** **Jen Buchanan**

*Class meets on Tuesdays & Thursdays @ 5:00 - 6:00 pm. Students must attend both days.

Students learn Ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

6:00 - 7:00 PM **Physical Acting** **6th - 12th Grade** **Be Dismond Sweet**

Physical Acting students develop and practice physical acting skills and theatrical story improvisation.

Arts Afterschool

Grades K - 12 and Adult

TUESDAY

6:00 - 7:00 PM

**Comic Illustration
& Animation**

6th-12th Grade

Anna Atkeson

Students discuss their favorite visual media and learn to break down what makes it work -how to communicate emotion, emphasize themes, land jokes, and more? Students create a series of small comics and animation projects where they'll apply this knowledge to narratives of their own. Learning the visual language of sequential art will give students the tools they need to make artistic choices.

WEDNESDAY

4:00 - 6:00 PM

Saints Band

4th - 12th Grade

Joe Link

Pre-registered Sitar Saints Band students learn ensemble playing in Sitar's House Band and experience a repertoire of Rock and Popular tunes. ***Only open to students previously enrolled in Fall 2020 and Winter 2021.*

4:30 - 6:00 PM

Food Crafts Class

1st - 6th Grade

Angeli Escalante-Bieler

Students will create edible and non-edible creations. Students will focus on the science, art and fun of being in the kitchen making items such as healthy bread, yummy cup-cakes, or fridge magnets made from baked salt flour! Items will be assembled, mixed and prepped by students. Parents will be called on afterclass to put completed assignments in the oven.

4:30 - 5:30 PM

Clay Sculpture

6th - 12th Grade

Katie Macyshyn

Students have fun making clay creations of their own.

6:00 - 7:00 PM

Teen Adult Ballet

6th - Adult

Alayna Williams

This teen/adult ballet course will introduce students to the foundational positions of ballet. It is perfect for students who have 0-2 years of ballet experience. Students will exercise their creativity through dance, gestures, and facial expressions to tell a story and share their emotions.

6:00 - 7:00 PM

**Jazzin Afterschool
(DC Jazz Fest)**

4th - 12th Grade

Herman Burney

Student learn Jazz and to play in an ensemble from professional Jazz Musicians.

***Only open to students previously enrolled in Fall 2020 and Winter 2021.*

Arts Afterschool

Grades K - 12 and Adult

WEDNESDAY

6:00 - 7:00 PM

**Capoeira
(Rodamovement)**

1st - 5th Grade

Roberto Tapia

Students will learn basic Capoeira movements, music and history of this Afro-Brazilian martial art. Even with a small space, students will be able to practice defenses and kicks.

THURSDAY

3:00 - 4:00 PM

Hip-Hop Dance

1st - 5th Grade

Shawna Williams

The goal of this class is to help students further their developmental agility through improvisational games, isolations of body parts and learning structured movement phrases that emphasize dynamics, musicality, and locomotion.

4:00 - 5:00 PM

TWB: Beg. Ballet

K-1st - 2nd Grade

Jen Buchanan

Students learn Beginning Ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

4:30 - 5:30 PM

Clay Sculpture

2nd - 5th Grade

Katie Macyshyn

Students have fun making clay creations of their own

4:30 - 5:30 PM

**Youth Chorus
de la Comunidad**

4th - 8th Grade

**Susan Galbraith &
Claudia Rosales Waters &
Leo Herrera**

*Mondays and Thursdays @ 4:30 - 5:30 pm. Students must attend both days.

Alliance for New Music-Theatre will offer twice-weekly classes starting in January for students Grades 5-8 in the development of a performing arts chorus. Professional staff will provide leadership in music literacy and choral singing skills one day a week and on the other give students opportunities to engage in their own creative expressions through improvisation and writing prompts. Students will build self-confidence and pride singing inspiring works in Spanish and English. In addition to student recitals, the program will culminate in 2022 with the rare opportunity for students to perform in two professional bi-lingual operas by award-winning Mexican composers, one produced by the Alliance and the other by collaborating colleagues at IN Series.

Arts Afterschool

Grades K - 12 and Adult

THURSDAY

6:00 - 7:00 PM **Sci Fi Filmmaking** **6th - 12th Grade** **Forrest Penrod**

Students learn to create their own fictional sci fi films using their cellphones.

6:00 - 7:00 PM **Hip Hop & Sweat** **6th - Adult** **Jessica Denson**

Students learn fun hip hop dance techniques (and sweat it off!)

6:00 - 7:00 PM **Family Mixed
Media Studio
(Project Create)** **6-10 yrs & Adult** **Melissa Muttiah**

Join teaching artist and art therapist, Melissa Muttiah for a mixed media arts class designed to promote creative expression and self-discovery. Students will be exposed to a wide range of drawing and painting media. Art experiences will engage creativity and problem solving, improve self-awareness and self-esteem, and advance social skills.

**class requires a parent to be present*

FRIDAY

4:30 - 5:30 PM **Capoeira** **6th - Adult** **Roberto Tapia**

Teen and Adults students will learn basic Capoeira movements, music and history of this Afro-Brazilian martial art. Even with a small space, students will be able to practice defenses and kicks; students will also learn music (that does not require an instrument).

Early Childhood Arts Ages 0 - 7

NEW ECA PROGRAM - Outdoor Workshop Series

We're starting a brand new program this spring - a Workshop Series specifically for our wonderful younger students (ages 0 - 6)! There will be three different workshop series, each with a different art focus, for you to experience with your little ones! These workshops are the perfect opportunity to try out some of the classes that we offer in our school-year programming.

The workshops will be in-person at an outside location close to Sitar. There will be a limited capacity for families/students due to safety regulations and guidelines. We will be following and requiring compliance to strict COVID-19 protocol, as recommended by the CDC.

Workshop Art Focuses & Schedule

Dates and times are subject to change due to ongoing developments with the COVID-19 pandemic.

Thursdays, 4/22, 4/29, 5/6 at 10:00am: Music - for our future musicians!

Saturday, 4/24, 5/1, 5/8 at 10:00am: Creative Movement - for our little movers and shakers!

Saturday, 4/24, 5/1, 5/8 at 1:00pm: Storytelling - Get ready to use your imagination!

MONDAY

3:00 - 3:45 PM

Visual Art

2 & Up

Katie Macyshyn

Family Arts (Early Childhood: 2 and up): A multi-age fun and exploratory forum for families to experiment with a variety of traditional and non-traditional art media. Process is emphasized over product in age-appropriate sessions. All students, at their own pace and level, learn about basic art concepts such as line, color, shape and texture. Art activities include multi-sensory experiences, story time, and play designed to advance your child's development and foster an early appreciation for the arts. Parents, children and siblings will enjoy this opportunity to bond with one another and interact with other children, parents and siblings. (Music/singing is also incorporated.)

3:00 - 3:45 PM

Bollywood Dance

4 - 5 y.o.

Shuchi Buch

Students will learn classical Indian poses, beautiful and high energy choreographies to popular Indian songs (Bollywood). At the end of the session students will have an opportunity to perform their dances to family and friends. These classes create an opportunity for working as a team, building performance confidence, and learning about culture and language through the arts. Ms. Shuchi Buch is a performing teaching artists classically trained in Bharanatyam; she directed a professional dance company in India. In Washington DC, Ms. Buch is the Director of Taal Academy of Dance. Boys and girls of all skill levels are welcome.

Early Childhood Arts

Ages 0 - 7

MONDAY

4:30 - 5:30 PM

Duncan Dance

5-7 y.o.

Becky Lallande

In partnership with Word Dance Theater, this class is in the technique and philosophy of Isadora Duncan, the Mother of Modern Dance. Students will study how the motions of water, wind, and trees inspire the natural movements of the human body while they learn to honor the dance within themselves and each other. This imaginative work supports the basic locomotor skills of skipping, leaping, and waltzing, and fosters individual and collective grace, honor, pride, and freedom. Each technique class will study the mythologies, inspirations, and improvisations around the Duncan steps and dances to build a life-long relationship with natural movement exploration.

WEDNESDAY

3:00 - 3:45 PM

Guided Storytelling

0-5 y.o.

Melissa Strova Valencia

Where are we going? A journey from words to places. Through role play, we study emotions in imaginary scenarios proposed and invented by the children. (Music/singing is also incorporated.) ¿A qué lugar viajaremos hoy? Un viaje entre las palabras a lugares y espacios propuestos por los niños y las niñas, donde reconoceremos nuestras emociones por medio de juegos de roles. (Musica/cantando es incorporado, tambien.)

3:15 - 4:00 PM

Flamenco4Kids™

4-6 y.o.

La Magdalena

At any age Flamenco is a lot more than just dance. But for young children it can be a unique outlet for self expression. Magdalena's classes carefully balance discipline with lots of fun and character development. A parent peeking in on a class might see students learning to stand tall and proud like a King or Queen,... or practicing their stomping in unison like a stampede of horses. Final steps are met with a triumphant shout from the group, "olé!" Children with no dance or music background are welcome. Each class is an experience of a lifetime, as well as an opportunity to engage cooperatively with peers. Se habla español. All genders welcome. Fun weekly "homework."

THURSDAY

3:00 - 3:45 PM

Bilingual Drama

4.5 - 6 y.o.

Karen Morales

Sitar's Early Childhood Drama (Bilingual) class merges storytelling, imagination, and the fundamentals of performance within a dynamic learning environment. Like all of Sitar's Early Childhood Arts classes, our drama course is grounded in literacy development, vocabulary acquisition, and peer-to-peer collaboration. Students will enjoy expressing themselves in this unique class!

Early Childhood Arts Ages 0 - 7

FRIDAY

4:30 - 5:30 PM

Hip Hop

5-6 y.o.

Jessica Denson

The goal of this class is to help students further their developmental agility through improvisational games, isolations of body parts and learning structured movement phrases that emphasize dynamics, musicality, and locomotion. The class structure emphasizes building stamina and coordination. Students will experience the joy and freedom of dance and the benefits of rehearsal and teamwork in a fun environment with the freshest (and kid-appropriate) music and moves.

Aftercare Grades K - 8th

This Spring Sitar's Aftercare Online Program, Crafters Clubhouse, will provide students in K-5th an opportunity to virtually engage in a community-based, academic, and creative youth development programming during the out-of-school time hours. Additional adjustments have been made to the program due to COVID-19. The Aftercare spring program will be 10 weeks with an opportunity to showcase student work and performances.

Aftercare Online provides the opportunity for students to connect with peers and staff, engage in community projects, and strengthen social skills. Students will participate in 3 arts classes, academic enrichment, and challenges and activities weekly.

Crafters Clubhouse Schedule

Monday, Tuesday, and Thursday

3:15 - 4:00- Homework Club (optional)

4:00 - 4:30 - Welcome Circle and Snack Social

4:30 - 5:30 - Arts Class

5:30 - 6:15 - Academic Enrichment (Tuesday & Thursday) / Closing Circle

Wednesday and Friday

3:15 - 4:00 - Homework Club (optional)

4:00 - 5:00 - Challenge Time and Community meeting

5:00 - 6:00 - Challenge and Activity Time Offline

Aftercare students will choose preferences for each day from the classes listed on the following pages.

Roots (Grades 6-8) Schedule - ALL OPTIONAL

Monday, Tuesday, and Thursday

3:15 - 4:00- Homework Club

5:30 - 6:15 - Academic Enrichment (Tuesday & Thursday)

Wednesday and Friday

3:15 - 4:00 - Homework Club (optional)

Aftercare - Grades K - 5th

Crafters Clubhouse

MONDAY

4:30 - 5:30 PM

Clay Sculpture

Crafters Clubhouse

Katie Macyshyn

Students have fun making clay creations of their own.

4:30 - 5:30 PM

**WIT
(Washington Improv Theater)**

Crafters Clubhouse

Jack Novak

Students learn beginning theatrical performance skills and the art of improvisation through fun theater games from professional instructors from Washington Improv Theater

TUESDAY

4:30 - 6:00 PM

Food Crafts Class

Crafters Clubhouse

Angeli Escalante-Bieler

This Food Crafts class will create edible and non-edible creations. Students will focus on the science, art and fun of being in the kitchen making items such as healthy bread, yummy cupcakes, or fridge magnets made from baked salt flour! Items will be assembled, mixed and prepped by students. Parents will be called on afterclass to put completed assignments in the oven.

4:15 - 5:00 PM

TWB: Pre-Ballet

Crafters Clubhouse

Jen Buchanan

Students learn ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

5:00 - 6:00 PM

TWB: Ballet*

Crafters Clubhouse

Jen Buchanan

Class meets on Tuesdays & Thursdays @ 5:00 - 6:00 pm. Students must attend both days. Students learn pre-ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

Aftercare - Grades K - 5th

Crafters Clubhouse

THURSDAY

4:00 - 5:00 PM

TWB: Beg. Ballet

Crafters Clubhouse

Jen Buchanan

Students learn beginning ballet techniques from professional instructors. The curriculum follows the same standards for studio classes as The Washington Ballet.

4:30 - 5:30 PM

PlayActing

Crafters Clubhouse

Anna Claire

Playacting involves dramatic experimentation, play through movement and interaction with their peers. Students gain confidence while having fun creating characters and improvising scenes.

5:00 - 6:00 PM

TWB: Ballet*

**Crafters Clubhouse
YE Social**

Jen Buchanan

**Class meets on Tuesdays & Thursdays @ 5:00 - 6:00 pm. Students must attend both days.*

Students learn ballet techniques from professional instructors. The curriculum follows the same standards for studio classes as The Washington Ballet.

S.E.A.L. Program Online

SEAL is now two programs - Roots (Grades 6-8) and XChange (Grades 9-12).

Roots - Join Roots, our program for middle school students, where we'll work together to discover who we are and the kind of artists and young leaders we want to be. We'll explore all different aspects of identity and leadership through a variety of art forms and community projects. Roots will meet once a week on Thursdays! Roots members will also have the opportunity to participate in Homework Club every day and Academic Enrichment on Tuesdays and Thursdays.

XChange - Build community inside and out in XChange, our program for high school students! XChange will meet on Wednesdays for a session with an artistic partner, and Fridays where our XChange members will have the opportunity to plan and lead the sessions. This semester, our artistic partners are the Smithsonian Folk Life and 2 Teaching Artists, LLC. Learn what it means to be a Sitar Emerging Arts Leader!

Visit the SEAL page on our website for more information.

S.E.A.L. MEMBER CRITERIA

To participate in S.E.A.L., members must:

- Must be in **6th - 8th grade** to enroll in Roots and **9th - 12th grade** to enroll in XChange
- Enroll in or volunteer with at least one other class in the Arts Afterschool program
- Attend **at least two sessions** per month (**Roots**) or **at least four sessions** per month (**XChange**).

ROOTS SCHEDULE

Thursday

4:30 - 5:30 PM

XCHANGE SCHEDULE

Wednesday

6:00 - 7:00 PM

Friday

4:30 - 5:30 PM