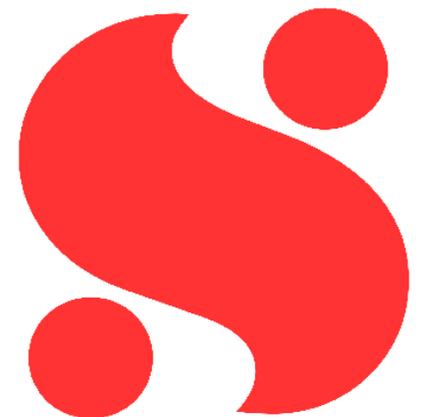


# IN-PERSON & ONLINE CLASS SCHEDULE **SPRING 2022**

**Dance | Digital Arts | Drama | Music | Visual Arts | Creative Writing**



**SITAR**  
**ARTS CENTER**

# In-Person Programming

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## Limited Spaces

Space is limited in our in-person programs this Spring due to COVID safety protocols. These protocols have been set to ensure the safety of our students, staff and community.

Registration this Spring will be limited to one in-person class or program per student unless COVID 19 vaccination verification is submitted. Students with vaccination verification on file at Sitar will be able to register for multiple classes.

## Safety Protocols

Below are some of the steps we are taking to create a safe learning environment this fall:

- Performing daily health and wellness screenings prior to entry.
- Reducing class sizes and limiting interaction outside of their class (students and teachers).
- Practicing proper social distancing in hallways, lobby and classrooms.
- Requiring the use of masks and other PPE (personal protection equipment) for all Sitar staff, teachers, and students.
- Keeping students in the same classroom for their entire class time; this includes eating snack in their respective classrooms.
- Cleaning and disinfecting classrooms and high traffic areas throughout and at the end of each day.

Sitar Arts Center will continue to monitor guidelines and safety protocol as mandated by the District of Columbia. If in-person programming can no longer continue safely or is required to halt due to changes in guidelines/protocol, Sitar Arts Center will contact students' families to discuss alternatives which include virtual programming and/or providing credits or tuition refunds.

## Class Supplies

After snack, each student will wash/sanitize their hands before receiving the supplies they will need for the class from their teacher. When class time is over, the students will wash/sanitize their hands again and disinfect their materials. They will play a very important role in helping their teacher clean up the classroom.

# Online Culinary Arts Program

## MONDAY

**4:30 - 6:15 PM**

**Creative Baking**

**6th - 12th**

**Angeli Escalante-Bieler**

This Creative Baking Class will focus on baking & decorating sweets and cooking savory dishes! We'll discover how certain ingredients used can make it "better and healthier" while still tasting delicious. Students will learn self-sufficiency in the kitchen while having fun cooking up tasteful treats like s'mores cupcakes, decorating with fondant, and homemade pizza!

## WEDNESDAY

**4:30 - 6:15 PM**

**Family Food Crafts**

**1st - 5th + Adult**

**Angeli Escalante-Bieler**

Students and their families will create edible creations. Students will focus on the science, art and fun of being in the kitchen making items such as healthy bread, yummy cupcakes, or fridge magnets made from baked salt flour! Items will be assembled, mixed and prepped by students and parents together. This class **REQUIRES** supervision & participation from an adult.

# Early Childhood Arts

**Ages 0 - 6  
IN-PERSON**

## MONDAY

**4:30 - 5:30 PM**

**Bollywood**

**K - 3rd**

**Shuchi Buch**

Students will learn classical Indian poses, beautiful and high energy choreographies to popular Indian songs (Bollywood). These classes create an opportunity for working as a team, building performance confidence, learning about culture and language through the arts. Ms. Shuchi Buch is a performing teaching artist classically trained in Bharanatyam. She directed a professional dance company in India. In Washington DC, Ms. Buch is the Director of Taal Academy of Dance. Boys and girls of all skill levels are welcome.

## WEDNESDAY

**4:00 - 5:00 PM**

**Art Soup**

**4 - 6 yrs.**

**Melissa Strova Valencia**

We invite you to join this beautiful and playful class where students share and create, from their own made up stories (they can be as serious or as silly as you want), games and experiences exploring music, storytelling, drama, dance and visual arts. Which one is your favorite? Do you have stories or topics you would like to share? Art is so much fun. Come and play with us!

# Early Childhood Arts

Ages 0 - 6  
IN-PERSON

## THURSDAY

**10:30 - 11:30 AM**

**Community Art**

**0 - 3 yrs.**

**Katie Macyshyn**

Community Art encourages creativity through process based art experiences. This class uses developmentally appropriate activities for toddlers and is fun for caregivers as well. The class invites young makers to explore the noisy, fragrant, tasty, textured world of sensory art.

## SATURDAY

**10:00 - 11:00 AM**

**Hip Hop**

**3 - 6 yrs**

**Jessica Denson**

The goal of this class is to help students further their developmental agility through improvisational games, isolations of body parts and learning structured movement phrases that emphasize dynamics, musicality, and locomotion. The class structure emphasizes building stamina and coordination. Students will experience the joy and freedom of dance and the benefits of rehearsal and teamwork in a fun environment with the freshest (and kid-appropriate) music and moves.

**10:00 - 11:00 AM**

**Levine: Family  
Sing-Along\***

**Family (0mths + up)**

**Levine School  
of Music**

Sing, dance and clap along in this fun and interactive sing along hour brought to you by the Levine School of Music: Reaching beyond barriers of social, communicative, and cognitive limitations, music therapy offers students a means to develop skills that can be used in everyday life. Through music therapy, individuals can identify and manage various emotional states, and can pursue opportunities for creativity and self-expression. Music interventions are individualized to meet the unique needs of each student to provide growth opportunities as well as to foster expression and creativity within each student.

**11:00 AM - 12:00 PM**

**Rainbow Dance\***

**3 - 6 yrs**

**Karen Morales Chacana**

Rainbow Dance® the program enhance the development of healthy peer relationships though the use of ritual, song, gesture, story, and natural movements. Children gain respect for the wisdom of animals; they understand their relationships to creatures and forces of nature as they as they experience their place in the reality which is greater than the individual self.

**\* Classes require a parent/guardian to participate**

# Arts Afterschool **Grades K - 12 and Adult** **IN-PERSON**

## MONDAY

**4:00 - 5:00 PM**

**Project Create:  
Visual Arts**

**5th - 7th**

**Anais Lugo Axtmann**

Students will focus on self-expression, increasing communication skills, and bonding within a group dynamic. The class will employ the development of multimedia art skills as a vehicle through which to achieve the class's purpose.

**4:00 - 5:00 PM**

**Hip Hop and Graphics  
The Art of Album Cover Design**

**6th - 12th**

**Revanth Guttikonda**

This course will go into the history of album cover designs and what makes an iconic cover. We will combine photography with graphic art to create our own iconic covers.

**4:30 - 5:30 PM**

**Bollywood**

**K - 3rd**

**Shuchi Buch**

Students will learn classical Indian poses and beautiful and high energy choreographies to popular Indian songs (Bollywood). At the end of the session students will have an opportunity to perform their dances to family and friends. These classes create an opportunity for working as a team, building performance confidence, and learning about culture and language through the arts. Ms. Shuchi Buch is a performing teaching artist classically trained in Bharanatyam; she directed a professional dance company in India. In Washington DC, Ms. Buch is the Director of Taal Academy of Dance. Boys and girls of all skill levels are welcome.

**4:30 - 5:30 PM**

**Fashion Design  
& Illustration**

**2nd - 5th**

**Jasmine Chandler**

Students will learn design concepts and practices to develop a fashion collection. They will develop their sewing skills, explore textile and fabric manipulations, and practice the art of illustrating fashion.

**5:00 - 6:00 PM**

**Architecture Modeling  
Skyscraper Design**

**6th - 12th**

**Revanth Guttikonda**

This course will explore the history of the world's most iconic skyscrapers and how their design has evolved over the years. We will implement the techniques architects have used to build our own super structures out of basswood.

# Arts Afterschool **Grades K - 12 and Adult** IN-PERSON

## TUESDAY

**4:00 - 5:00 PM**      **TWB: Pre-Ballet**      **K - 2nd**      **Jennifer Buchanan**

Students learn Pre-Ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

**4:00 - 5:30 PM**      **3D Art**      **K - 3rd**      **Juliana Biondo**

Students will explore structure and construction by creating art work using all sorts of materials beyond pencils & paper.

**4:30 - 5:30 PM**      **Spoken Word & Poetry**      **6th - 12th**      **Be Dismond Sweet**

Focusing on self-expression, students will write and voice their own essays and/or poetry. In this class they will also work on developing their public speaking & presentation skills.

**4:30 - 6:30 PM**      **Digital Photography**      **5th - 8th**      **Gregg Adams**

The class will look into the impressionistic and surreal side of photography through experimentation with exposures, composition and visual effects to convey narration and feeling in ways that are more limited in traditional photography. In addition to class projects, we will look into photographic works of Man Ray, Nathan Lerner, Rene Magritte and others.

**4:30 - 5:30 PM**      **Project Create: Fun Feelings**      **K - 3rd**      **TBD**

Fun Feelings will focus on social-emotional development. Students are encouraged to talk about their feelings and will gain tools to manage feelings they like and don't like in a fun and creative way. Problem solving and recognizing inner qualities and strengths will also be a focus in this art class.

**5:15 - 6:30 PM**      **TWB: Ballet**      **3rd - 5th**      **Jennifer Buchanan**

Students learn Ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet. **This class will meet on Tuesday & Thursday.**

**6:00 - 7:00 PM**      **Physical Acting**      **6th - 12th**      **Be Dismond Sweet**

Students will use theater games & improvisation to practice the art of physical acting - a type of acting that focuses on using movement to tell a story. There will be opportunities to devise their own work!

# Arts Afterschool

Grades K - 12 and Adult  
IN-PERSON

## TUESDAY

**6:00 - 7:00 PM**      **Project Create:  
Art 4 Strength**      **6th - 12th**      **TBD**

Students will explore art activities in an unusual and deeper manner without worrying about the esthetics of the piece but about what it means to them. This will be an opportunity for artists to get to know themselves better, express feelings through art, develop critical thinking skills and problem solve creatively. It will be focused on finding strength and calm during these difficult times to build resiliency and self-efficacy.

**6:15 - 7:00 PM**      **Beginning Band**      **2nd - 6th**      **Joe Link**

Perfect for our beginner musicians - students will have the opportunity to learn how to play instruments together with other people, as well as practice technique, rhythm, musicality, and ear-training.. There is a part for everyone in Sitar's Beginning Band!

## WEDNESDAY

**4:00 - 6:00 PM**      **Saints Band**      **6th - 12th**      **Joe Link**

Pre-registered Sitar Saints Band students learn ensemble playing in Sitar's House Band and experience a repertoire of Rock and Popular tunes. At this time, this class is ONLY available for students enrolled in the band last year.

**4:30 - 5:30 PM**      **Project Create:  
Fun Feelings**      **3rd - 5th**      **Anais and Imani**

Fun Feelings will focus on social-emotional development. Students are encouraged to talk about their feelings and will gain tools to manage feelings they like and don't like in a fun and creative way. Problem solving and recognizing inner qualities and strengths will also be a focus in this art class.

**4:30 - 5:30 PM**      **Sitar's "So You Think  
You Can Dance"**      **4th - 12th**      **Shawna Williams**

Every two weeks, students will learn a new genre of dance - Hip Hop, Modern, Ballroom, Broadway, Jazz, Latin etc - in the style of the hit TV show competition, So You Think You Can Dance. All levels are welcome, no previous dance experience required.

**4:30 - 5:30 PM**      **Fashion Design  
& Illustration**      **6th - Adult**      **Jasmine Chandler**

Students will learn design concepts and practices to develop a fashion collection. They will develop their sewing skills, explore textile and fabric manipulations, and practice the art of illustrating fashion.

# Arts Afterschool

Grades K - 12 and Adult  
IN-PERSON

## WEDNESDAY

**5:15 - 6:15 PM**      **WIT: Improvisation**      **3rd - 6th**      **TBD**

Students learn beginning theatrical performance skills and the art of improvisation through fun theater games from professional instructors from Washington Improv Theater (WIT).

**6:00 - 7:00 PM**      **Jazzin' Afterschool**      **4th - 12th**      **Herman Burney**

Jazzin' Afterschool is a partnership class with the DC Jazz Festival where students have the opportunity to learn from professional Jazz musicians! This class will focus on ensemble playing, jazz rhythms, & experimenting with different instruments. All levels welcome!

**6:00 - 7:00 PM**      **Abstract Art & Textures**      **5th - 8th**      **Hiba Alyawer**

The class is an introduction to the wonderful world of abstract painting. The class will both inspire and delight students providing them with the tools needed to begin their artistic journey into self-expression, reflection, and creative thinking. Students will learn to use shapes, colors, forms, textures, and gestural marks to communicate an idea of nonrepresentational images.

**6:00 - 7:00 PM**      **Movement for Theatre**      **4th - 12th**      **Shawna Williams**

Movement for Theatre is a class focused on building deeper connections with ourselves and each other in order to tell stories. This is the perfect class for students looking for an hour to de-stress and move! No previous theatre/dance experience or interest required.

## THURSDAY

**4:00 - 5:00 PM**      **TWB: Beginning Ballet**      **K - 3rd**      **Jennifer Buchanan**

Students learn ballet techniques from professional instructors. The curriculum follows the same standards for studio classes at The Washington Ballet.

**4:15 - 5:15 PM**      **Yoga with Ms. Be**      **6th - Adult**      **Be Dismond Sweet**

Stretch, relax, and learn to listen to your body! In this class, students will learn the fundamentals of yoga from Ms. Be, a certified yoga instructor. This class is appropriate for ALL levels.

# Arts Afterschool

Grades K - 12 and Adult  
IN-PERSON

## THURSDAY

**4:30 - 5:30 PM**      **Exploring Nature & Art**      **4th - 7th**      **Kendra Rubinfeld**

Let's explore nature through art and art through nature! In this class we'll play with mixed mediums including sculpture, painting, ceramics, paper making, printmaking and much more, using nature to both inspire our art, produce our art and sometimes even be our art. Class to include at least one optional field trip out of the classroom and into nature. No previous experience required.

**5:15 - 6:30 PM**      **Art Journey Studio**      **1st - 5th**      **Angeli Escalante-Bieler**

Every day in Art Journey Studio is going to be a visual arts adventure! Students will learn how to incorporate STEAM concepts into a variety of different projects using all sorts of art materials. There will be a mix of 2D art (painting & drawing) and 3D art (sculpture & constructing).

**5:30 - 6:30 PM**      **Musical Theatre  
Workshop**      **4th - 8th**      **Anna Claire Walker**

Learn about the three pillars of musical theatre: acting, dance, and singing. Develop the ability to act through song and sing while dancing, as an ensemble and as a soloist!

## SATURDAY

**10:00 - 11:00 AM**      **Digital Photography**      **K - 3rd**      **Gregg Adams**

How do we see things? This class will concentrate on the perception or how we see things in a series of hands on challenges that will eventually lead to the beginning of photography and graphic arts.

**11:00 AM - 12:00 PM**      **Intro to Watercolor  
(Bilingual)**      **3rd - 5th**      **Camila Rodriguez**

In this class we will learn to use watercolor and its different techniques as a means of free expression and learning. In this way the student will be able to explore and develop their skills in the medium and as an artist.

**11:15 AM - 12:15 PM**      **Bollywood Fitness**      **4th-Adult**      **Shuchi Buch**

Students will work out and exercise their bodies to high energy, popular Indian songs (Bollywood). These classes create an opportunity for working as a team, building confidence, learning about culture and language through the arts and increasing aerobic skills. Ms. Shuchi Buch is a performing teaching artist classically trained in Bharanatyam; she directed a professional dance company in India. In Washington DC, Ms. Buch is the Director of Taal Academy of Dance.

# Arts Afterschool

Grades K - 12 and Adult  
IN-PERSON

## SATURDAY

11:15 AM - 12:15 PM

**Project Create:  
Family Mixed Media**

**K - Adult**

**TBD**

Led by a teaching artist & art therapist, this is a mixed media arts class designed to promote creative expression and self-discovery. Students will be exposed to a wide range of drawing and painting media. Art experiences will engage creativity and problem solving, improve self-awareness and self-esteem, and advance social skills.

## S.E.A.L. Program

## WEDNESDAY

6:00 - 7:00 PM

**XChange (Online Session)**

**6th -12th**

**Naomi Cohen &  
Nickole Best**

## FRIDAY

4:00 - 6:00 PM

**XChange (In Person Session)**

**6th - 12th**

**Naomi Cohen &  
Nickole Best**

Build community inside and out in XChange, our program for high school students! This Spring semester, XChange will meet every Friday in-person with Young Playwright's Theater to devise and develop a theatrical piece that will bring to light issues that our members are confronting every day. Every member will contribute in some way to the piece, whether they are an actor, a writer, a painter, a designer, a musician etc. On Wednesdays, we'll be meeting virtually for sessions focused on mutually supporting our social-emotional wellness, strengthening life skills, and civic engagement.

**Visit the SEAL page on our website for more information.**