

## June & July Breakfast Menu

## SFSP COLD BREAKFAST

What do the colors on the menu mean?

GREEN = locally-sourced

All grains served are whole grain rich Student's choice of skim or 1% milk provided at every meal.

Menu subject to change based on availability

This institution is an equal opportunity provider

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| 6/23  | 6/24  | 6/25   | 6/26   | 6/27   |
| <ul> <li>cinnamon chex cereal</li> <li>fresh apple</li> </ul>                 | <ul><li>whole grain bagel</li><li>light cream cheese</li><li>jelly</li><li>fresh orange</li></ul> | <ul> <li>whole grain croissant</li> <li>jelly</li> <li>cheese stick</li> <li>fresh cantaloupe</li> </ul> | <ul><li>blueberry bread</li><li>fresh peach</li><li>100% orange juice</li></ul>                | strawberry parfait   |
| 6/30  | 7/1   | 7/2  | 7/3  | 7/4  |
| <ul> <li>blueberry chex cereal</li> <li>fresh apple</li> </ul>                | <ul><li>whole grain bagel</li><li>cream cheese</li><li>jelly</li><li>fresh orange</li></ul>       | mixed berry parfait  | <ul> <li>apple cinnamon bread</li> <li>fresh peach</li> <li>100% orange juice</li> </ul>       | <ul><li>whole grain croissan</li><li>jelly</li><li>cheese stick</li><li>fresh honeydew</li></ul> |
| 7/7   | 7/8   | 7/9  | 7/10   | 7/11   |
| <ul> <li>honey bunches of oats<br/>cereal</li> <li>fresh apple</li> </ul>     | <ul><li>whole grain croissant</li><li>jelly</li><li>cheese stick</li><li>fresh orange</li></ul>   | <ul><li>whole grain bagel</li><li>cream cheese</li><li>jelly</li><li>fresh cantaloupe</li></ul>          | <ul><li>banana bread</li><li>fresh peach</li><li>100% orange juice</li></ul>                   | blueberry parfait  |
| 7/14  | 7/15  | 7/16   | 7/17   | 7/18   |
| <ul> <li>strawberry shredded<br/>wheat cereal</li> <li>fresh apple</li> </ul> | <ul><li>whole grain croissant</li><li>jelly</li><li>cheese stick</li><li>fresh orange</li></ul>   | mixed berry parfait  | <ul> <li>pineapple carrot<br/>bread</li> <li>fresh peach</li> <li>100% orange juice</li> </ul> | <ul><li>whole grain bagel</li><li>cream cheese</li><li>jelly</li><li>fresh honeydew</li></ul>    |
| 7/21  | 7/22  | 7/23   | 7/24   | 7/25   |
| • cinnamon chex cereal<br>• fresh apple                                       | <ul><li>whole grain bagel</li><li>cream cheese</li><li>jelly</li><li>fresh orange</li></ul>       | <ul><li>whole grain croissant</li><li>jelly</li><li>cheese stick</li><li>fresh cantaloupe</li></ul>      | <ul><li>blueberry bread</li><li>fresh peach</li><li>100% orange juice</li></ul>                | strawberry parfait   |

## **FRESH FEATURE**

Peach season is here, and they're back on the menu! Treat yourself to a fresh, juicy peach every Thursday morning for breakfast.

